

# NAAFA-LA's Big

*A size-positive retreat scheduled for October 11-14, 2007 at beautiful Morro Bay in CA*

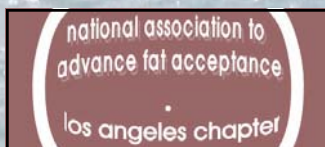
# Beautiful Weekend

## BBW Retreat Schedule

### NAAFA-LA BBW Schedule

(Note: **green**, bolded events are included in your registration fee)

	<b>THURS., 10.11.07</b>	<b>FRI., 10.12.07</b>	<b>SAT., 10.13.07</b>	<b>SUN., 10.14.07</b>
<b>MORNING</b>		Entertain selves	<b>8:00: Belly dancing lessons (led by Ronda Wood)</b> <b>9:30:</b> Breakfast, draw secret pals <b>10:30-noon: Workshop: Love Your Body (led by Lesleigh Owen)</b>	<b>10:00:</b> Farewell champagne brunch and cruise
<b>AFTERNOON</b>	Entertain selves, set-up	List of suggested local activities available	<b>12:30-4:00: Lunch and crafts</b> <b>12:30-4:00: Billiards and bonding</b> <b>4:00-6:00: Pamper and massage</b> (massage avail. for purchase) party	
<b>EVENING</b>	<b>7:00: Dinner and round table discussion</b>	<b>7:00: Introductory dinner</b> <b>9:00: Movie viewing and/or karaoke</b>	<b>6:00-7:00: Catwalk and group pictures</b> <b>7:30-10:00:</b> Group dinner at local restaurant	
<b>LATE NIGHT</b>	<b>Games, crafting, karaoke</b>	Stay up as late as we want	<b>Crafts, games, and/or movies</b>	



**Registration deadline:  
September 15, 2007**

For more information, please visit us at [www.naafala.org](http://www.naafala.org).